

## **PROSPECT CAFÉ & BAKERY 2017**

144 PROSPECT ROAD, PROSPECT 5082 Phone: 82695088 Mobile: 0432721881

\*TO ORDER, CLEARLY LABEL THE ENVELOPE/BAG AND ENCLOSE THE CORRECT MONEY\*

## **ROLLS or SANDWICHES (WHOLEMEAL BREAD ONLY)**

VEGEMITE CHEESE HAM TUNA SALAD WRAP

ROLL	\$3.50	SANDWICH	\$3.00	SALAD	
ROLL	\$4.50	SANDWICH	\$4.50	BOWL	\$6.50
ROLL	\$5.00	SANDWICH	\$4.50	BOWL	\$6.50
ROLL	\$5.00	SANDWICH	\$4.50	BOWL	\$6.50
ROLL	\$4.50	SANDWICH	\$3.70	BOWL	\$6.50
WRAP \$5.00 (PORK, CHICKEN OR TUNA)					

ALL SERVED WITH

LETTUCE,

TOMATO,

CARROT &

CUCUMBER

\$3.00

CVEGEMITE SCROLL

\$3.00

CHEESE & BACON SCROLL

\$3.00

MINI PIZZA

\$3.00

→ HAM & CHEESE CROISSANT

GRILLED CHICKEN ROLL ©

BBQ PORK ROLL 🙂

ROAST PORK ROLL ©

COMBINATION ROLL ©

COLD ROLLS 🙂

(CHICKEN or BBQ PORK)

LARGE	\$5.00	SMALL	\$4.00	INCLUDES:
LARGE	\$5.00	SMALL	\$4.00	CARROT
LARGE	\$5.50	SMALL	\$4.00	ONIONS
LARGE	\$5.50	SMALL	\$4.00	RADISH
PACK OF 2	\$4.00	PACK OF 3	\$4.50	CUCUMBER CORRIANDER

\$1.50 FRIED SPRING ROLL (CHICKEN)

\$6.00 **SMALL**- RICE NOODLE WITH SALAD (PORK <u>or</u> BBQ <u>or</u> GRILLED CHICKEN) please choose meat

\$8.00 **LARGE-** RICE NOODLE WITH SALAD (PORK or BBQ or GRILLED CHICKEN) please choose meat

\$1.50 DIM SIM (STEAMED) ...

\$4.00 **SMALL**- FRIED RICE

\$7.50 **LARGE-** FRIED RICE :

\$4.50 **SMALL**- NOODLE STIR FRY & VEGETABLES (CHICKEN or PORK or COMBO)

\$8.00 LARGE- NOODLE STIR FRY & VEGETABLES (CHICKEN or PORK or COMBO)

\$9.00 STEAMED RICE WITH CUCUMBERS & TOMATOES (CHICKEN or PORK or COMBO)



The GREEN choices – best and healthiest. ✓✓



The AMBER choices – choose carefully- eat in moderation.

ONLY FOOD ON THIS MENU WILL BE SUPPLIED TO PROSPECT PRIMARY STUDENTS.

This menu takes effect from 4/09/2017